

Mental Health Report, 2020-2021
Health & Family Welfare Department, Mizoram, Aizawl

Sl. No.	Components		Apr '20	May'20	Jun'20	Jul'20	Aug'20	Sep'20
1.	Early detection and treatment of mentally ill patients							
	a	OPD	1437	1547	1051	1422	985	893
	b	IPD	158	122	146	142	138	155
2.	a	No. of Free Clinic or cum Awareness	22	-	-	9	-	-
	b	No. of patients seen in Free Clinic	1408	-	-	1040	-	-
	c	No. of Awareness	-	6	122	9	6	6
	d	No. of participants in Awareness Prog	-	199	2431	289	92	292
	e	No. of Phone calls in Crisis/ Suicide Helpline	261	111	123	105	91	88
	f	No.of refer	6	-	1	3	2	4

Sl. No.	Components		Oct'20	Nov'20	Dec'20	Jan '21	Feb'21	Mar'21
1.	Early detection and treatment of mentally ill patients							
	a	OPD	1559	967	1203	1646	1814	1844
	b	IPD	159	131	135	151	155	166
2.	Outreach for increasing awareness and reducing stigma related to Mental Health Problems							
	a	No. of Free Clinic or cum Awareness	1		1	1	0	14
	b	No. of patients seen in Free Clinic	51		21	23	0	796
	c	No. of Awareness	7	2	2	3	18	10
	d	No. of participants in Awareness Prog	352	79	82	171	644	657
	e	No. of Phone calls in Crisis/ Suicide Helpline	72	72	47	45	44	70
	No.of refer	3	2		10	11	30	

Grand Total:-

OPD : 16368
IPD : 1758
No. of Free Clinic cum Awareness :48
No. of patients seen in Free Clinic : 3339
No. of Awareness : 191
No. of participants in Awareness Prog :5288
No. of Phone calls in Crisis/ Suicide Helpline : 1129
No. of refer : 72